**Idioms and Fixed Phrases/ Words often confused**

**lose one’s heart (**to sb/sth) (formal) - fall in love with sb/sth

e.g. *I’ve quite lost my heart to those little kittens of yours. Can we take one home?*

**lose one’s nerve** (idm) = to panic suddenly and become too afraid to do sth   
*e.g. He completely lost his nerve when he saw the teacher’s finger pointed at him.***broaden** (v) = to increase sth such as your knowledge, experience, or range of activities

*e.g. The course helps school-leavers broaden their knowledge of the world of work.*

*Travel broadens the mind. (*= helps you to understand and accept other people’s beliefs, customs, etc.)

**hit the road** (idm) = to start a journey, trip   
*e.g. Let’s get back in the car. It’s time we hit the road again!*

**make your way** = to travel or proceed in a particular direction or to a particular place.

*e.g. ‘I made my way to the hotel’*

**make (one's) way through =**

1. To navigate very carefully and slowly through a space and around a variety of people or things in one's way.

*e.g. You'll have to make your way through the rose bush to avoid getting scratched.* 2. To stay continuously engaged in a task, especially with meticulous attention or focus. 

*e.g. We're making our way through the set of problems the math teachers assigned.***ruins** (n pl) = the parts of a building or town that remain after the rest has fallen down or been  
destroyed   
*e.g. Much of Europe was in ruins after the bombardments of the Second World War.***wreck** (n) = a ship, a plane, a car or a building which has been destroyed (usually in an accident)  
*e.g. After the accident, the wrecks of the two cars involved were towed away by the rescue services.***remnants** (n pl) = an amount or part of sth that remains when the main part has disappeared or been destroyed   
*e.g. The remnants of the ancient city attract a lot of tourists.***outlook** (n) = a view, a perspective   
*e.g. He’s got a positive outlook on life; he doesn’t seem to worry about anything!***postponement** (n) = delaying sth or arranging for it to happen at a later time   
*e.g. Heavy snow today has resulted in the postponement of several FA cup games until further  
notice.***leaflet =** A printed sheet of paper containing information or advertising and usually distributed free.

*‘pick up a leaflet from your local branch’* *‘election leaflets’*

**pamphlet** (n) = a thin book with a paper cover which gives information about sth, booklet /  
*e.g. I picked up a lot of pamphlets about different health problems at the doctor’s surgery; I thought they might help Susie with her project on modern health.***brochure =** A small book or magazine containing pictures and information about a product or service.

*‘a holiday brochure’*

**off the beaten track/path** (idm) = in an isolated and quiet place /quiet, private, remote

*e.g. We decided to go off the beaten track to enjoy some peace and quiet.***be on the move** (exp) = 1. to keep going from one place to another:   
*e.g. Her husband never wanted to stay in one place for long, so they were always on the move.*

*2.* very active or busy:

*e.g.* *It is important for patients to keep on the move while they are recovering.*

3. progressing; advancing:

*e.g.* *Finally the market has turned around now and is really on the move.*  **be in a rush** (exp) = to be in a hurry   
*e.g. I was in such a rush this morning that I forgot to switch off the radio when I was leaving.*